



Michiana Echo Soccer Club | Winter Health Protocols Effective December 1, 2020

General Statement

Pursuant to USYS and Indiana Soccer guidance, Echo has adopted the following health protocols for indoor winter training. All protocols must be strictly followed by staff, players, and parents. Failure to act in a respectful manner to coaches and staff members or to follow the protocols will result in discipline, up to and including removal from training sessions.

Health Task Force

Any information about positive COVID-19 tests, exposure by Echo players, contact tracing, or other health-related matters, questions, or concerns should be reported to health@michianaecho.com for handling by our Health Task Force.

Training Format

- Pursuant to USYS guidelines, sessions will be limited to 45 minutes per session.
- These guidelines are to limit time indoors and also will permit adequate time between sessions to allow for physical distancing.
- Training will be primarily in a grid format but may include up to 15 minutes of scrimmaging/playing.
- Most sessions will include 1 coach and 1 monitor who will assist the coach in ensuring the facility remains clean and safe and that club procedures are followed.
- Players should arrive at training dressed and ready to start promptly.
- All absences will be considered excused and players will not be penalized in any way for not attending. Please err on the side of caution and participate at your own comfort level.
- In January, we will re-evaluate conditions and determine if a change in format is feasible.

Screening Procedures

- [TeamSnap Contact Info](#). Please ensure that your contact information is updated and current in TeamSnap so we can contact you regarding any important messages.
- [TeamSnap Availability](#). All players must mark their availability for training sessions prior to the session starting.
 - This will assist the club with contact tracing if it is necessary.
 - <https://helpme.teamsnap.com/article/94-set-game-and-event-availability>



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- **TeamSnap Health Check.** All individuals (players, coaches, and staff) MUST complete the COVID-19 Health Check in TeamSnap before arriving at winter training sessions.
 - You must take your player's temperature as part of the screening. Any individual exhibiting a temperature of 100.4 or higher will not be allowed to participate in or attend winter training.
 - You MAY NOT enter the training facility without first receiving a "Health Check Cleared" message.
 - <https://helpme.teamsnap.com/article/1501-health-check>
- **Verification.** Coaches and monitors will check attendance and verify that health screening is completed and passed prior to starting training.
 - Players who have not completed the Health Check or passed the test will not be permitted to participate in training.
- **Notification.** If your child has tested positive for COVID or has had close contact with someone who did you must notify the Health Task Force.

At the Indoor Facility

- **Parking.** Families will be assigned a parking space number by their team manager. This number is painted on the outside of the buildings and will be used for drop off and pick up. This is to ensure an orderly pick up and drop off process and make it easier for players to navigate the parking lot to find their parents.
- **Entry/Exit.** Please follow these procedures for entry into and exit from the facility:
 - The indoor facility will have clearly marked entry and exit doors for players, coaches and staff to use based on parking space numbers.
 - Individuals must follow and adhere to all posted signage and instructions around our facilities.
 - Players will not be allowed to enter the indoor facility until 5 minutes prior to their scheduled session.
 - Players and parents should remain in their vehicles until that time,. Players and parents are not permitted to congregate around doorways or in the training center.
 - Upon entering the training center, each player should proceed directly to an open white dot, place their items there, and remain there until called by the coach.



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- **Masks.** Masks are required for ENTRY to and EXIT of the indoor facility and at all times when not training.
 - Coaches and staff will keep masks on AT ALL TIMES inside the facility,
 - Players may remove their masks at the start of their training session only when instructed to do so by their coach.

Facility Modifications

- **Parents/Spectators.** Parents must remain in their vehicles at all times. No spectators are permitted into the indoor facility to observe training.
- **Restrooms.** Restrooms will be available but we recommend that players avoid using the restrooms if at all possible.
- Doorways may be propped open to increase airflow in the building during and between sessions.
- Tables, benches, and chairs have been removed from the facility.
- Coaches and monitors will sanitize high touch surfaces after each training session.

COVID-19 Player Expectations

- Players are required to wear masks when moving from their vehicles to the facilities and back to the parking lot before and after training sessions.
- There are individual markings for players to leave their personal equipment when they arrive at our facilities. Each individual marking is in compliance with social distancing guidelines.
- Players can remove their masks for training sessions when instructed to join training but are permitted to wear them during training if desired.
- When in lines or queues or when gathered to listen to a coach, players are to remain a minimum distance of 6 feet apart.
- There are to be no high-fives, handshakes, fist bumps, elbow bumps, or any other type of physical contact between players and coaches during training sessions.
- Players should have hand sanitizer for their personal use. Players are not to share their hand sanitizer with anyone else.
- Players should be dressed for play when arriving at the facility.
- Players must bring a soccer ball with them to training sessions, sanitizing them before



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and after each training session.

- Players are to bring their own water bottle, face towel, or any other necessary personal equipment, which may not be shared with others.

COVID-19 Coach Expectations

- Coaches and staff are required to wear masks AT ALL TIMES at our indoor facility.
- Coaches and staff must observe and ensure all players wear their masks when not training.
- There are to be no high-fives, handshakes, fist bumps, elbow bumps, or any other type of physical contact between players and coaches during training sessions.
- Players are NOT to handle any training equipment (cones, goals, etc). Coaches and staff are the only individuals who should handle training equipment.
- Training Bibs/vests are NOT to be used. Players should bring all jerseys with them to training sessions which may be used in lieu of training bibs/vests.
- Until further notice, all training sessions should be 45 minutes in length and consist primarily of grid training to keep players physically distanced.